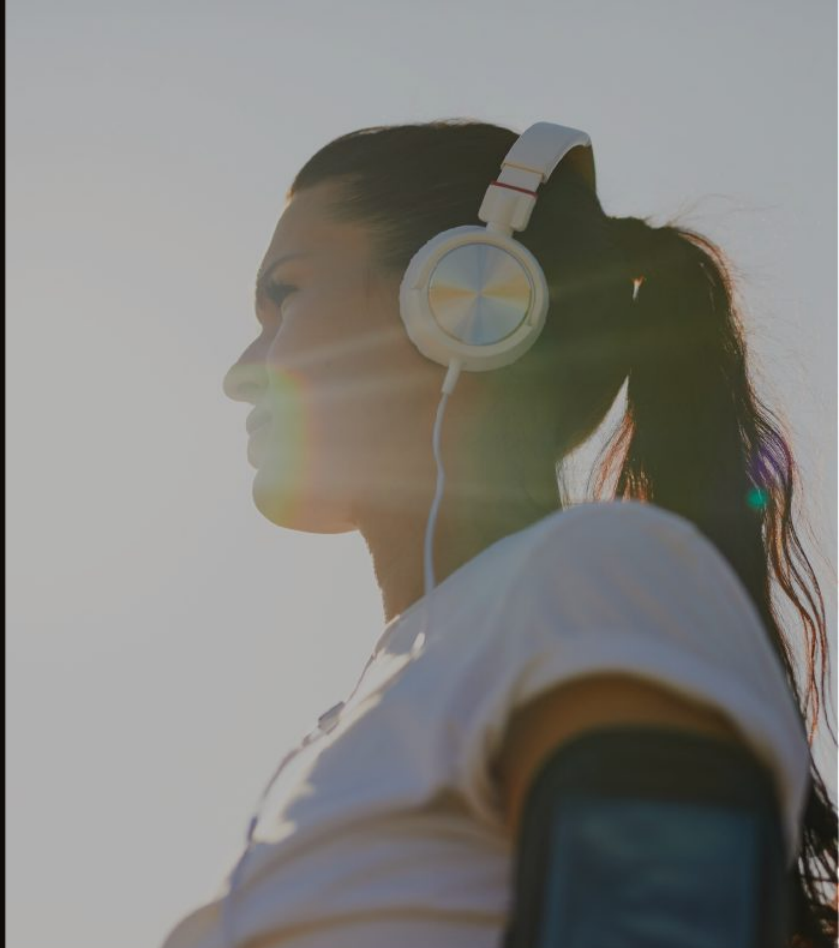


THE WELLBEING LEADER

Ensures we each focus on putting our oxygen mask on first so we can be well & enjoy the many gifts of life.



"When we prioritize our well-being, everything else in our life gets better, inc our products, including our performance at work, including our success."

– Arianna Huffington

Top Needs

- ➔ Certainty
- ➔ Love/Connection
- ➔ Variety

➔ Strengths

Putting yours & others health first

Enjoys life, knows how to relax & have fun

+ve cultural influence, often wise & worldly

➔ Weaknesses

Can experience volatility

Can be perceived as flaky, aloof, self interested

Can overthink

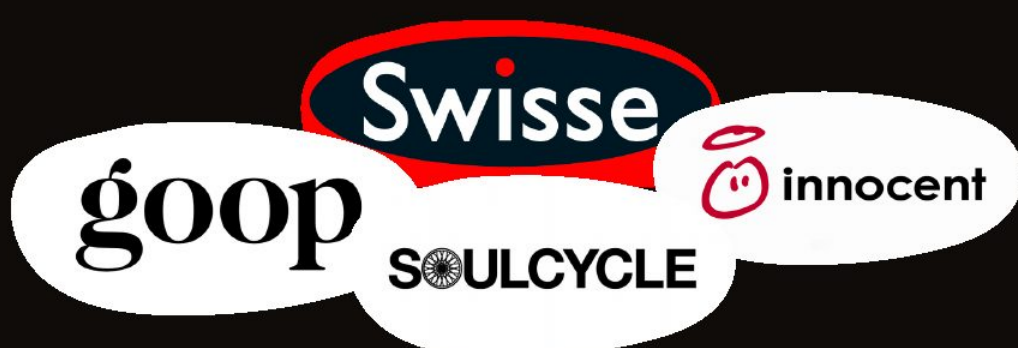
➔ Fears

Loss of connection to self & others, not being understood

Feeling overwhelmed & not being in control

Going backwards

EXAMPLES



Elizabeth Gilbert



Arianna Huffington



Oprah Winfrey

PRIORITIES:



Mind & Emotions



Body



Spirit



Health



Adventure



Play & Fun



Want to explore more? Shortly you'll receive an email with even more goodies & insights to explore your type!

Want to discover more the other types too?
Check them all out at thefulfilmentstudio.com/resources